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The Sailors Hornpipe

16 count, 2 wall, absolute beginner level
Choreographer: Barbara Lowe (UK) May 2007
Choreographed to: The Sailors Hornpipe by The
Royal Philharmonic Orchestra, Last night of the
Proms CD

Note: this is a very fast intro start dancing at 11 sec

Right Mambo, left coaster steps X2

1&2 rock forward on right, rock left in place, step right beside left
3&4 step back on left, step back on right, step forward on left
5-6 rock forward on right, rock left in place, step right beside left
7&8 step back on left, step back on right, step forward on left

Syncopated weave right, rock and cross pivot turn step

1&2& step right to right side, left behind right, step right to right side, cross left foot over right
3&4& step right to right side, left behind right, step right to right side, cross left foot over right
5&6 rock right to right side, recover onto left, cross right over left
7&8 step forward on left, pivot 1/2 turn right, stepping forward on left

Music download available from iTunes: Napster: eMusic: Wippit:

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