



Approved by:

# Strike 1

## 4 WALL - 60 COUNTS - INTERMEDIATE

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
<b>Section 1</b> 1 & 2 & 3 & 4 & 5 & 6 7 - 8	<b>Heel Jacks x 2, Cross Shuffle, Slide Left</b> Cross right over left. Step left to left side. Touch right heel diagonally forward. Step right beside left. Cross left over right. Step right to right side. Touch left heel diagonally forward. Step left beside right. Cross right over left. Step left to left side. Cross right over left. Step left long step to left. Hold.	Cross & Heel & Cross & Heel & Cross Shuffle Side Hold	Left Right Right Left
<b>Section 2</b> 1 & 2 3 & 4 5 & 6 7 - 8	<b>Right Sailor, Left Sailor, Brush, Out, Out, Behind, Unwind 3/4 Right</b> Cross right behind left. Step left to left side. Step right to place. Cross left behind right. Step right to right side. Step left to place. Brush right beside left. Step right to right side. Step left to left side. Cross right behind left. Unwind 3/4 turn right (weight on right). (9:00)	Sailor Step Sailor Step Brush Out Out Behind Unwind	On the spot  Turning right
<b>Section 3</b> 1 & 2 3 & 4 5 & 6 & 7 - 8	<b>Touch, Swivel, Coaster Step, Touch, Swivel, Back Jumps, Clap</b> Touch left forward. Swivel left heel out. Swivel left heel in. Step left back. Step right beside left. Step left forward. Touch right forward. Swivel right heel out. Swivel right heel in. Jump back right. Jump back left. Clap.	Touch Swivel Coaster Step Touch Swivel Back Back Clap	On the spot  Back
<b>Section 4</b> 1 & 2 3 & 4 5 & 6 7 & 8	<b>Right Cross Rock, Left Cross Rock, Mambo 1/2 Turn, Step, Turn, Step</b> Cross rock right over left. Recover onto left. Step right to right side. Cross rock left over right. Recover onto right. Step left to left side. Rock right forward. Recover onto left. Turn 1/2 right stepping right forward. Step left forward. Turn 1/2 right stepping right forward. Step left forward.	Cross Rock Side Cross Rock Side Mambo Turn Step Turn Step	Left Right Turning right
<b>Section 5</b> & 1 & 2 & 3 & 4 5 & 6 & 7 & 8	<b>Jumps Forward and Back and Forward, Mash Potato Steps Back</b> Jump forward right, left. Jump back right, left. Jump forward right, left. Jump forward right, left. Step right diagonally behind left. Step left slightly left swivelling heels out. Step left diagonally behind right. Step right slightly to right swivelling heels. Step right diagonally behind left. Lifting left heel and right toe, twist body to right. Step both feet in place.	Jump Forward Back Jump Forward Back Swivel Back Swivel Back Twist Together	Forward Back Forward Back  On the spot
<b>Section 6</b> 1 & 2 & 3 - 4 5 - 6 7 & 8	<b>Hitch &amp; Heel, Step, Pivot 1/2 Left, 1/2 Turn Left, Cross &amp; Heel</b> Hitch right knee. Step right beside left. Touch left heel forward. Step left beside right. Step right forward. Pivot 1/2 turn left. On ball of left make 1/2 turn right touching right to side twice. (9:00) Cross right over left. Step left to side. Touch right heel diagonally forward.	Hitch Step Heel & Step Pivot Turn Touch Cross & Heel	Forward Turning left  Left
<b>Section 7</b> & 1 - 2 3 & 4 5 - 6 7 - 8 9 - 10 & 11 - 12	<b>Cross, Hold, Side Behind Side, Rock, Turn, Slide, Hold, &amp; Cross, Heel</b> Step right beside left. Cross left over right. Hold. Step right to side. Cross left behind right. Step right to right side. Cross rock left over right. Recover onto right. Make 1/4 turn left stepping left. Step right forward making 3/4 turn left. Slide left to left side. Hold. Step right beside left. Cross left over right. Touch right heel diagonally forward.	& Cross Hold Side Behind Side Cross Rock Turn Turn Slide Hold & Cross Heel	Right  Turning left Left Right
<b>Tag</b> 1 - 4	<b>Danced once at the end of Wall 3</b> Tap right heel for 4 counts.	Tap 2 3 4	

**Choreographed by:** Rob Fowler (UK) August 2006.

**Choreographed to:** 'Swing' by Trace Adkins from CD Dangerous Man (intro - 32 counts as he starts to sing).

**Tag:** There is one short tag at the end of Wall 3.