



Script approved by

Shake It Down



Dee Musk

INTERMEDIATE	STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
	Section 1	Cross, Back, Chasse Right, Cross, Back, Chasse Left		
	1 - 2	Cross right over left. Step left back.	Cross Back	Left
	3 & 4	Step right to right side. Close left beside right. Step right to right side.	Side Close Side	Right
	5 - 6	Cross left over right. Step right back.	Cross Back	
	7 & 8	Step left to left side. Close right beside left. Step left to left side.	Side Close Side	Left
	Restart:-	Wall 3 (facing 6:00), restart dance from beginning at this point.		
	Section 2	Walk x 2, Shuffle Forward, Step, Pivot 1/2, Full Turn		
	1 - 2	Walk forward right. Walk forward left.	Walk Walk	Forward
	3 & 4	Step forward right. Close left beside right. Step forward right.	Right Shuffle	
5 - 6	Step left forward. Pivot 1/2 turn right (weight forward on right).	Step Pivot	Turning right	
7 - 8	Turn 1/2 right stepping left back. Turn 1/2 right stepping right forward.	Turn Turn		
Option:-	Replace full turn with walk left, walk right. (6:00)			
Section 3	Forward Mambo, Back, Together, Lock Step, Step, Step, Pivot, Step			
1 & 2	Rock forward on left. Recover onto right. Step left back.	Mambo Step	On the spot	
3 &	Step right back. Close left beside right.	Back Together	Back	
4 & 5	Step right forward. Lock left behind right. Step right forward.	Right Lock Right	Forward	
6	Step left forward.	Step		
7 & 8	Step right forward. Pivot 1/2 turn left. Step right forward. (12:00)	Step Pivot Step	Turning left	
Section 4	Lock Step, 1/4 Turn With Side Rock, Cross, 1/4 Turn x 2, Cross			
1 & 2	Step left forward. Lock right behind left. Step left forward.	Left Lock Left	Forward	
3 - 4	Make 1/4 turn left rocking out on right. Recover onto left.	Rock Turn	Turning left	
5	Cross right over left.	Cross	Left	
6 - 7	Make 1/4 turn right stepping left back. Make 1/4 turn right stepping right to side.	Turn Turn	Turning right	
8	Cross left over right. (3:00)			
Section 5	Side Rock, Cross, Side Rock, Touch, Together Touch x 2, Coaster Step			
1 & 2	Rock right to right side. Recover onto left. Cross right over left.	Rock & Cross	Left	
3 & 4	Rock left to left side. Recover onto right. Touch left toe forward.	Rock & Touch	Forward	
& 5	Step left beside right. Touch right toe forward.	& Touch	On the spot	
& 6	Step right beside left. Touch left toe forward.	& Touch		
7 & 8	Step left back. Step right beside left. Step left forward. (3:00)	Coaster Step		
Tag:-	Danced at end of Wall 3 (facing 9:00): Walk Forward x 4			
1 - 2	Walk forward right. Walk forward left.	Right Left	Forward	
3 - 4	Walk forward right. Walk forward left.	Right Left		

4 Wall Line Dance:- 40 Counts. Intermediate Level.

Choreographed by:- Dee Musk (UK) March 2006.

Choreographed to:- 'Shaken' by Rachael Lampa (120 bpm) from Live For You Album (48 count intro from heavy beat - start on main vocals).

Tag:- There is one short tag at the end of Wall 3 (facing 9:00).

Restart:- There is one restart, after Wall 2 dance the first 8 counts then restart dance.