



STEPPIN'OFF

Approved by:

THEPage

Racy Lacey

2 WALL - PHRASED - INTERMEDIATE			
STEPS	Actual Footwork	Calling Suggestion	DIRECTION
PART A Section 1 1 - 2 3 - 4 5 - 6 7 - 8	Modified Right Jazz, Back, 1/4 Left, Cross Step, Side Cross right over left. Step left back. Step right to right side. Cross step left over right. Step right back. Make 1/4 turn left stepping left to left side. Cross step right over left. Step left to left side.	Cross Back Side Cross Back Turn Cross Side	Left Right Turning left Left
Section 2 1 - 2 3 - 4 5 - 6 7 - 8	Back Rock, Vine Right, Point, 1/2 Monterey Turn Right Rock back on right. Recover forward onto left. Step right to right side. Cross step left behind right. Step right to right side. Cross step left over right. Point right to right side. Make 1/2 right stepping right beside left.	Back Rock Side Behind Side Cross Point Turn	Back Right Turning right
Section 3 1 - 2 3 - 4 5 - 6 7 - 8	Point, Touch Together, Vine Left, Stomp, Fan Point left to left side. Touch left together. Step left to left side. Cross step right behind left. Step left to left side. Stomp right together. Fan right toes out. Fan right toes in (weight remains on left).	Point Touch Step Behind Side Stomp Out In	Left On the spot
Section 4 1 - 2 3 - 4 5 & 6 7 - 8	1/4 Right Toe Strut, Toe Strut, Forward Shuffle, Pivot 1/2 Right Turning 1/4 right touch right toes forward. Drop heel taking weight. Touch left toes forward. Drop heel taking weight. Step right forward. Close left beside right. Step right forward. Step left forward. Pivot 1/2 turn right.	Turn Strut Left Strut Right Shuffle Step Pivot	Turning right Forward Turning right
Section 5 1 - 2 3 - 4 5 & 6 7 - 8	Forward Toe Struts, Shuffle 1/2 Turn Right, Back Rock Touch left toes forward. Drop heel taking weight. Touch right toes forward. Drop heel taking weight. Shuffle 1/2 turn right, stepping - left, right, left. Rock right on back. Recover forward onto left.	Left Strut Right Strut Shuffle Turn Back Rock	Forward Turning right Back
Section 6 1 - 2 3 - 4 5 - 6 7 - 8	Hip Bumps Stepping right slightly forward bump hips forward twice. Bump hips back twice. Bump right hip. Bump left hip. Bump right hip. Bump left hip (weight ends on left).	Forward Bumps Back Bumps Right Left Right Left	On the spot
Section 7 1 - 2 3 - 4 Option 5 - 8	Step, Point, Cross, Diagonal Point/Kick, Walks Back, Heel Touch Step right forward. Point left to left side. Cross step left over right. Point right diagonally forward right. Replace right point with low kick. Step right back. Step left back. Step right back. Touch left heel forward.	Step Point Cross Point Back 2 3 Touch	Forward Right Back
Section 8 1 - 2 3 - 4 5 - 6 7 - 8	Forward and Back Step Touches, Step, Together, Step, Scuff Step left forward. Touch right beside left. Step right back. Touch left beside right. Step left forward. Step right beside left. Step left forward. Scuff right forward.	Forward Touch Back Touch Step Together Step Scuff	Forward Back Forward
PART B Section 1 1 - 2 3 - 4 5 - 6 7 - 8	Always danced facing front wall Forward Rock, 1/4 Right Vine, 1/2 Left Hinge, Cross, Hold Rock forward on right. Recover back onto left. Turning 1/4 right step right to right side. Cross step left over right. Turning 1/4 left step back onto right. Turning 1/4 left step left to left side. Cross step right over left. Hold.	Right Rock Turn Cross Turn Turn Cross Hold	Forward Turning right Turning left Left
Section 2 1 - 2 3 - 4 5 - 6 7 - 8	Side Rock, Cross, 1/2 Left Hinge, 1/4 Left, Step, Scuff Rock left to left side. Recover onto right. Cross step left over right. Turning 1/4 left step right back. Turning 1/4 left step left to left side. Turning 1/4 left stepping forward onto right. Step left forward. Scuff right forward.	Side Rock Cross Turn Turn Turn Step Scuff	Left Turning left Forward

Choreographed by:Peter Metelnick & Alison Biggs (UK) December 2005Choreographed to:'Racy Lacey' by Girls Aloud (150 bpm) from CD Chemistry (32 count intro). Lyrics may cause offence.Choreographers' Note:The dance sequence is AAB, AABB, AAEnding:Scuff right foot through then step forward and strike a pose