

Higher & Higher

32 Count, 4 Wall, Improver

Choreographer: Max Perry (USA) March 2008
Choreographed to: (Your Love Keeps Lifting Me) Higher
& Higher by Michael McDonald, CD: Soup Speak
(96 bpm)

MAMBO BASIC

1&2-3&4 Rock forward with left foot, step in place with right foot, bring left foot next to right, rock back with right foot, step in place with left foot, bring right foot next to left

MAMBO SIDE ROCK STEPS

5&6-7&8 Rock step side with left foot, step in place with right foot, bring left foot next to right, rock step side with right foot, step in place with left foot, bring right foot next to left

SYNCOPATED POINTS & TOUCHES - SIDE, SIDE, FORWARD, FORWARD

1&2& Touch left toe to left side, step left next to right, touch right toe to right side, step right next to left

3&4& Touch left heel forward, step left next to right, touch right heel forward, step right next to left

WALK FORWARD, FORWARD, KICK FORWARD, STEP OUT, OUT

5-6 Step forward left, right

7&8 Kick left forward, step left slightly to left side (out), step right slightly to right (out)

STEP IN, CROSS IN FRONT, SIDE, SYNCOPATED WEAVE LEFT

&1 Step left in towards right foot (home), cross right over left

2 Step left to left side

3&4 Cross right behind left, step left to left side, cross right over left

LEFT SIDE ROCK, SAILOR SHUFFLE TURNING ¼ LEFT

5-6 Rock left to left side, step right in place (recover)

7&8 Cross left behind right, step right in place, step left in place turning ¼ left (9:00 wall)

FORWARD ROCK STEP, RIGHT SHUFFLE BACK, LEFT SHUFFLE BACK, RIGHT SHUFFLE TURNING ½ RIGHT

1-2 Rock right forward, step left in place (recover)

3&4 Right shuffle back - turn body slightly to right to angle the shuffle step

5&6 Left shuffle back - turn body slightly to left to angle the shuffle step

7&8 Right shuffle turning ½ right to face 3:00 wall

Music download available from iTunes or Tescodigita;
