



STEPPIN'OFF

Approved by:

High Road

2 WALL - 48 COUNTS - ADVANCED			
STEPS	Actual Footwork	Calling Suggestion	DIRECTION
Section 1 1 - 2 & 3 & 4 & Option: 5 - 6	Cross rock, 2.1/4 Turns Right, Forward Rock, Back, 1/4 Right, Sway Cross rock right over left. Recover onto left. Make 1/4 turn right stepping right forward. Step forward on ball of left and spin full turn right. Step forward on right Step forward on ball of left and spin full turn right. Step forward on right Replace spins: step left forward, close right to left (x 2) - small ball steps Rock left forward. Recover back onto right.	Cross Rock Turn Spin Step Spin Step Forward Rock	On the spot Turning right On the spot
&7 8	Step left back. Make 1/4 turn right stepping right to right side. Shift weight to left side (more a sharp movement than smooth sway). (6:00)	Back Turn Sway	Turning right On the spot
Section 2 & 1 2 & 3 & 4 5 & 6 7 & 8	Ball Cross, Rock & Cross, 1/2 Turn, Cross, Rock, Cross, 1/4 Turn, Side Recover weight onto right out to right side. Cross left over right. Rock right out to side. Recover onto left. Cross right over left. Turn 1/4 right stepping left back. Turn 1/4 right stepping right to side. (12:00) Cross left over right. Rock right out to side. Recover onto left Cross right over left. Make 1/4 turn right stepping left back. Step right to side. (3:00)	Ball Cross Side Rock Cross Half Turn Cross Side Rock Cross Turn Together	Right Left Turning right Right Turning right On the spot
Section 3 1 - 2 3 & 4 5 6 & 7 8	Forward Rock, Full Turn, & Rock Back, & Rock Forward Rock left forward. Recover back onto right. Spin 1/2 turn left and step left forward. Spin 1/2 turn left and step right back. Step left back. Step right further back. Step left further back rocking weight onto it (right toe touching out in front) Recover forward onto right. Small step forward on left. Small step right further forward rocking weight onto it (left toe touching back) Recover weight back onto left.	Forward Rock Spin Spin Step Back Back Recover Step Step Recover	On the spot Turning left Back Forward On the spot
Section 4 & 1 2 & 3 & 4 & 5 6 - 7 & 8	 Ball Cross, Rock & Cross & Sailor 1/4 Sway, Sway, Full Turn Right Small step back on right. Cross left over right. Rock right out to right side. Recover onto left. Cross right over left. Small step left to left side. Cross right behind left. Make 1/4 turn right stepping left to side. Step right to right side and sway weight onto it. Sway weight onto left. Make 1/4 turn right stepping right forward. Spin 1/2 turn right and step left back. Make 1/4 turn right and step right to right side. (6:00) 	Ball Cross Side Rock Cross Side Behind Turn Side Sway Turn Turn Turn	Right On the spot Left Turning right Right Turning right
Section 5 1 - 2 & 3 - 4 & 5 - 6 7 & 8 Restart:	Cross Rock & Cross Rock 1/4 Right, Walk x 2, Step, Pivot 1/2, Step Cross rock left over right. Recover onto right. Small step left to side. Cross rock right over left. Recover onto left. Make 1/4 turn right stepping right forward. Walk forward left. Walk forward right. Step left forward. Pivot 1/2 right (weight on right). Step left forward. (3:00) Wall 2: At this point restart dance again from the beginning.	Cross Rock & Cross Rock Turn Walk Walk Step Pivot Step	On the spot Turning right Forward Turning right
Section 6 1 - 2 3 & 4 5 & 6 & 7 & 8 &	Walks, Step, Pivot 1/2, Step, Cross Side (x 2) Cross Hitch 1/4 Step & Step Walk forward right. Walk forward left. Step right forward. Pivot 1/2 left (weight on left). Step right forward. (9:00) Cross left over right. Small step right to right side. Cross left over right. Small step right to right side. Cross left over right. Hitch right knee while making 1/4 turn left. Step right forward. Small step forward on left.	Right Left Step Pivot Step Cross Side Cross Side Cross Hitch Step Together	Forward Turning left Right Turning left Forward
Ending	Dance ends on first step of section 1, cross rock (facing 3:00) Just hold, and look to the front.		

Choreographed by: Teresa and Vera (UK) March 2007.

Choreographed to: 'High Road' by JoJo (67 bpm) from CD The High Road (16 count intro - start just before main vocals)

Restart: There is a single restart, during Wall 2 at the end of section 5

Choreographers' Note: The restart begins facing 9:00 - hence this 2-wall dance is to all 4 walls!