

Fundamental Swing

Description: 32 Ct. 2 wall WCS rhythm **Difficulty: Intermediate**
Choreographer: Michele Burton mburtonmb@sbcglobal.net
Suggested Music: Fundamental Things by Melinda Doolittle **Intro: 32 cts. BPM: 108**
Web access: www.MichaelandMichele.com **Download Music: iTunes or Amazon.com**

1 – 8 WALK WALK ~ FRENCH CROSS ~ SAILOR STEP ~ SAILOR 1/4 RIGHT

1 – 2 Step R forward; Step L forward
&3-4 Turning ¼ left step R to right; Step L in front of R; Step R to R
5 & 6 Step L behind R; Step R to right; Step L to left
7 & 8 Step R behind L; Turning 1/4 right step L next to R; Step R in front of L 12:00

9 – 16 SYNCOPATED VINE ~ SWIVEL POINT STEPS W/ 1/4 TURN LEFT

1 – 2 Step L to left; Step R behind L
&3-4 Step L to left; Step R in front of L; Step L to left
5 – 6 Swivel point R to forward right diagonal; Step R beside L making ¼ turn left
7 – 8 Swivel point L to forward left diagonal; Step L beside R centering body to 9:00 9:00

17 – 24 COASTER FORWARD ~ BACK ~ BACK TURNING COASTER WALK, FORWARD ½ PIVOT

1 & 2 Step R forward; Step L next to R; Step R slightly back
3 Step L back
4 &5,6 Step R back; Turning ¼ left step L next to R; Step R forward, Step L forward
7 – 8 Step R forward; Pivot ½ left taking weight to L 12:00

25 – 32 TRIPLE 1/2 TURN ~ BACK BACK ~ SCISSORS LEFT ~ SYCOPATED WEAVE

1 & 2 Turning ¼ left step R beside L; Turning ¼ left step L beside R; Step R beside L 6:00
3 – 4 Step L back; Step R back
5 & 6 Step L to left; Step R beside L; Cross L over right
&7&8 Step R to right; Step L behind R; Step R to right; Step L forward 6:00

BEGIN AGAIN