

# BOMSHEL STOMP

Choreographed by Karen Hedges & Jamie Marshall (USA)

Description : 48 counts, 2 wall line dance, Novelty

Level : Novice

Music: 'Bomshel Stomp' by Bomshel (122 BPM)

Official UCWDC competition dance description

Date of Change 7 September 2006

## 1-8: HEEL PUMPS, 1/4TURN SAILOR, ROCK, RECOVER, COASTER STEP

1 RF Extend heel diagonally forward  
& RF Hitch  
2 RF Extend heel diagonally forward  
3 RF Cross behind LF, 1/4 turn left  
& LF Step forward (9:00)  
4 RF Step next to LF  
5 LF Rock forward  
6 RF Recover  
7 LF Step back  
& RF Step next to LF  
8 LF Step forward

## 9-16: 'WIZARD' STEPS

1 RF Step diagonally forward  
2 LF Lock behind RF  
& RF Step to the right  
3 LF Step diagonally forward  
4 RF Lock behind LF  
& LF Step to the left  
5 RF Step diagonally forward  
6 LF Lock behind RF  
& RF Step to the right  
7 LF Step forward  
8 RF Touch next to LF

## 17-24: BACK, SCOOT with HITCH x2, COASTER STEP, SQUAT, 1/4TURN R, PELVIC THRUST with hand movements OR BODY ROLL

1 RF Step back  
& RF Scoot back hitching Left knee  
2 LF Step back  
& LF Scoot back hitching Right knee  
3 RF Step back  
& LF Step next to RF  
4 RF Step forward  
5 LF Large squat step to the left  
6 RF 1/4 turn right as you stand up and step RF next to LF (face 12:00)  
7&8 Body roll or press right hand down twice thrusting pelvis forward-back-forward

## 25-32: 'WIZARD' STEPS

1 RF Step diagonally forward  
2 LF Lock behind RF  
& RF Step to the right  
3 LF Step diagonally forward  
4 RF Lock behind LF  
& LF Step to the left  
5 RF Step diagonally forward  
6 LF Lock behind RF  
& RF Step to the right  
7 LF Step forward  
8 RF Touch next to LF

## 33-40: STOMP R, HOLD, STOMP L, HOLD, CCW ROLL, STEP, STEP, STEP

1 RF Stomp to the right  
2 Hold  
3 LF Stomp to the left  
4 Hold  
5-6 Roll hips counter clockwise ending on LF with RF touching next to LF  
7 RF Small step forward  
& LF Small step forward  
8 RF Small step forward

## 41-48: STEP, PIVOT 1/2TURN R, HIP BUMPS, FORWARD, 1/2TURN, 1/2TURN

1 LF Step forward  
2 1/2 turn right keeping weight on LF  
3 Bump hips right  
& Bump hips left  
4 Bump hips right  
& Bump hips left  
5 RF Step forward, 1/2 turn right  
6 LF Step back, 1/2 turn right  
7 RF Step forward (6:00)  
8 LF Step next to RF

## AFTER DANCING THE 2<sup>nd</sup> WALL, REPEAT COUNTS 33-48

(after 6<sup>th</sup> wall during siren repeat 33-48 or scramble together for 12 counts ending facing back wall and hold 4 counts. After 8<sup>th</sup> wall repeat 33-48 to end dance)