STEPPIN'OFF



THEPage



Approved by:

Ain't Got No Money

4 WALL - 32 COUNTS - INTERMEDIATE			
STEPS	Actual Footwork	Calling Suggestion	DIRECTION
Section 1	Step, Lock Step Forward, Rock & Cross, Back, Back, Cross		
1	Step left forward.	Step	Forward
2 & 3	Step right forward. Lock left behind right. Step right forward.	Right Lock Right	
4 & 5	Rock left to left side. Recover onto right. Cross step left over right.	Rock & Cross	Right
6 - 8	Step right back. Step left back. Cross step right over left.	Back Back Cross	Back
Note	Counts 6 - 8: angle body to left diagonal, leaving head facing 12:00.		
Section 2	3/8 Turn, Step, Pivot 1/2, Step, Lock Step Forward, Kick Out Out, Squat		
1	Making just over 1/4 turn left step left forward. (7:30)	Turn	Turning left
2 & 3	Step right forward. Pivot 1/2 left. Step right forward. (1:30)	Step Turn Step	
4 & 5	Step left forward. Lock right behind left. Step left forward.	Left Lock Left	Forward
6 & 7	Kick right forward. Step right out, slightly back. Step left out, slightly back.	Kick Out Out	On the spot
8	Squat bending both knees, arms straight down between legs.	Squat	
Section 3	Shoulder Pops (Rising Up), Rock & Side, Sailor 3/8 Turn, Coaster Step		
1	Leaning slightly left push left shoulder out to left side and slightly up.	Shoulders	On the spot
2 & 3	Push shoulders out to side - right, left, right (rising up from squat).	Right Left Right	
4 & 5	Cross rock left behind right. Recover onto right. Step left to left side. (1:30)	Rock & Side	
6 & 7	Cross right behind left. Making 3/8 turn left step left forward. Step right to side. (9:00)	Sailor Turn	Turning left
8 & 1	Step left back. Step right beside left. Step left forward.	Coaster Step	On the spot
Section 4	Pivot 1/2, 1/2 Turn, Sailor 1/2 Turn, Step, Hold, Pivot 1/2		
2 - 3	Pivot 1/2 right. Turn 1/2 right stepping left back.	Turn Turn	Turning right
4	Cross step right behind left making 1/4 turn right.	Turn	
& 5	Step left beside right making 1/4 turn right. Step right forward. (3:00)	Turn Step	
6 - 7	Step left forward. Hold.	Step Hold	Forward
8	Pivot 1/2 right. (9:00)	Turn	Turning right

Choreographed by: Neville Fitzgerald and Julie Harris (UK) August 2007

Choreographed to: 'The Way I Are' by Timbaland (112 bpm) CD single or album: Timbaland Presents Shock Value; also downloadable from iTunes (32 count intro).